

Courageous Kids School Groups



**COURAGEOUS
KIDS**

A Grief Support Program for Youth

There must be a minimum of 6 students for a group, maximum 10 from 1st-12th grades.

It is best practice for a student to join a group 2-3 months after the date of death.

Parent/caregiver consent forms must be signed prior to starting group- no exceptions.

Groups are 8 sessions, 60 minutes each (please ask about session variations).

New students cannot join group after the 2nd week.

Courageous Kids will provide two facilitators and materials for each group.

The school counselor (or appropriate substitute) can be present in the group to facilitate follow-up with student or family, if necessary. Or meet to check in after the group at minimum.

It is not recommended that a student attend a Courageous Kid's school and evening group at the same time.