



A Grief Support Program for Youth

COURAGEOUS KIDS Calendar 2016-2017

Courageous Kids offers weekly support groups, a summer camp and theater troupe for children and families grieving the death of a loved one. Participants can learn that they are not alone in whatever they might be experiencing. Caregivers can experience peer support and learn ways to support their children and teens. We use art therapy, drama, sand play and discussion to give voice to thoughts and feelings, and to remember our loved ones.

TEEN support groups: (Middle and High School) Mondays, 5:30—6:45pm

Fall Term: October 17th, 2015 through December 12th

(no meeting Oct 31st)

Winter Term: January 9th, 2017 through March 20th 2017

(no meeting Jan 16th, or Feb 20th)

Spring Term: April 10th through June 5th, 2017

(no meeting May 29th)

TEEN CAREGIVERS support group: Meet concurrently.

TEEN THEATER TROUPE: This is an opportunity for any teen who has been through a Courageous Kids support group, school group or camp to join our teen theater troupe. **Please call for more information.**

ELEMENTARY support groups: Tuesdays, 5:30—6:30pm

Fall Term: October 18th, 2016 through December 13th

Winter Term: January 10th, 2017 through March 14th 2017

Spring Term: April 11th through June 6th, 2017

ELEMENTARY CAREGIVERS support group: Meet concurrently.

SUICIDE LOSS support group:

This 6 week group is for youth and their families whose loved one died by suicide.

Day/Time: TBA

SCHOOL support groups: We offer support groups at the schools upon request and our availability. A minimum of 6 consistent students is required to do an 8 week group.

4-DAY SUMMER CAMP: August 7th thru 10th, 2017

We do not charge for groups and depend solely on donations.

Unless specified differently, groups meet at the Courageous Kids Office:
677 East 12th Ave, Suite N 180, Eugene, OR 97401.

INTAKES AND PRE-REGISTRATION are required. Please call 541-242-8693

www.courageouskidsoregon.org